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<input type="checkbox"/> S/Sheet	<input type="checkbox"/> TAss.
<input type="checkbox"/> Svd.	<input type="checkbox"/> Confir. E.
<input type="checkbox"/> D/B	<input type="checkbox"/> Supp.Ap.
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Retreat Yourself 2011

RETREATER APPLICATION FORM

****Any information included in this form is strictly confidential and will only be read by Young Adult Cancer Canada (YACC) staff members directly involved in organizing the retreat****

APPLYING FOR WHICH PROGRAM: RY East (Newfoundland) RY West (Vancouver)

PERSONAL INFORMATION:

Full Name: Age: Sex: Date of Birth (MM/DD/YY):

Street Address: City: Province: Postal Code:

Home Phone: Cell Phone: E-mail:

Will you be bringing a Supporter with you? *(If Yes, don't forget to have your supporter fill the application form available on our site and called **Supporter Application Form**)*

EMERGENCY CONTACT INFORMATION

Name of contact: Relationship:

Home Phone: Work Phone: Other:

PHYSICIAN'S INFORMATION

(Please provide information for at least two of the following professionals)

Oncologist: Contact Number:

Social Worker: Contact Number:

Family Physician: Contact Number:

Hospital/Institution: Contact Number:

When did you last see your family doctor or specialist?

To help us better prepare for the weekend and to ensure you have an amazing time, please complete the following information.

MEDICAL INFORMATION

Diagnosis: Date of Diagnosis:

Are you currently undergoing treatment? YES / NO

If YES, what medical treatments are you currently receiving? (chemotherapy, radiation, post-surgery, etc.)

Have you ever had a relapse: YES/NO

Date of Relapse:

Are you currently in remission? YES / NO

How are you feeling physically at the present time?

Are you in pain at present? (Scale 1-10, 10=high)

The following questions are related to your mental state at the present time. We ask these questions to help us understand the issues you are dealing with when coming to the retreat, both issues related to your cancer experience as well as other challenges you are facing.

Please list any major stresses, life changes or losses you are currently dealing with in your life (treatments, relationships, finances, other)

How is your morale? (Scale 1-10, 10=very good)

Are you currently seeing a counselor, therapist, psychiatrist or social worker?

Are you currently taking any medication for depression or other psychological problems? If Yes, please list the medication(s) in the table below.

Are you currently being treated for any other health concerns or medical conditions (i.e. Seizures, Diabetes, Asthma, etc)? If Yes, please list the medication(s) in the table below:

Please list all current medications you are taking:

<u>Medication</u>	<u>Prescribed for</u>	<u>Dose/times/day</u>	<u>Start date</u>

Please list any activity restrictions and physical limitations you have that would make it difficult for you to fully participate in the program (there will be group activity opportunities including: volleyball, hiking, walking):

Are you allergic to any food or have any food restrictions or special dietary needs (i.e. vegetarian, lactose-intolerant, wheat issues)?

Any other allergies?

ADDITIONAL INFO

How did you hear about Retreat Yourself?

____ Surfing the Internet ____ Health Professional

____ Other, Please specify:

Have you attended similar retreats in the past? YES / NO

If yes, camp name/location:

Will the cost of travel prohibit you from attending Retreat Yourself 2011? YES NO

**NOTE: If you are unable to attend the retreat because of financial constraints, please discuss this with us. Young Adult Cancer Canada has travel assistance available which is based on address of residence, need, as well as on a first come first served basis. This year, we have Retreat Yourself East and Retreat Yourself West. Those living in Ontario and East will have priority on the Travel Assistance East and those living in Manitoba and West will have priority for the Travel Assistance West. In addition, Young Adult Cancer Canada is willing to assist you in raising the travel funds and has a fundraising model that you may find helpful.*

ABOUT YOU - BIO

We want to know about you! Young Adult Cancer Canada is gathering information for each and every participant, this will be compiled and distributed to all participants at the start of the retreat, to help us get to know each other and help us stay connected after the weekend. Please let us know a little about yourself – keeping to approximately 200-300 words, we have included some general questions/topics that may help get the ball rolling!

What is the biggest challenge of being a cancer survivor for you?

How has cancer changed your life?

What do you hope to gain from this retreat?

Where are you professionally (school/work)? Personally (single, married, family)? What are your future goals (professional and/or personal)?

What do you like to do in your spare time?

Do you have any training or special interest in any therapies? I.e. yoga, meditation, art therapy, Reiki, Qigong, etc?

****Note: if you are confirmed for the retreat and you find out that you will be unable to attend, please let us know as soon as possible.***



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